



# Teen Talk Awards 2015

## Invitation and Application Form

### How does it work?

We're running a competition with up to **ten prize awards of £300**. Prizes will be given to small groups of young people (with over 18 sponsorship) or youth groups, who work together to come up with a business plan that delivers an innovative and effective way of finding out what West Sussex teens think about their health services.

Groups whose plans impress our judges will get £150 to carry out the work. On completion there'll be a showcasing event *Teen Talk Celebration Party*, and all successful groups who complete the task will be given £150 for their group to spend how they like!

One lucky group will also get an extra **cash prize of £200\*** for being the best winning group (as judged by the panel) at our Teen Talk Celebration Party.

### What must the business plan include?

The plan needs to show us:

- How you will spend the £150 (with details) to engage local people aged 11- 25 to share their experiences about what they think about health
- An activity plan for carrying out the work, including a timetable

By health we mean: getting non-family care, seeing a doctor or nurse, going to hospital, dentists, opticians and support at school or if not being able to get this support when needed. This may also include what they feel about working in health when they leave full-time education.

The idea can be something fun (such as designing an app or putting on an event), to a more serious activity including research.

At the end of the project it must include a presentation to key stakeholders at a special event, planned for early September 2015.

\* This extra prize will be given to the group that delivers the most, which doesn't mean the most people spoken too but the most successful learning and sharing.

## What is Healthwatch?

Healthwatch West Sussex is the local, independent, statutory, consumers' watchdog for health and social care. Its sole purpose is to understand the needs, experiences and concerns of people who use health and social care services and to ensure their voices are heard and responded to.

Healthwatch West Sussex investigates what it hears and publishes reports and makes recommendations to help make the views of people known to those who are responsible for the commissioning, providing, managing or scrutinising of local health and care services.

## Why are we offering Teen Talk Awards?

We want to get young people to work together to help us hear what 11-25 year olds have to say about their own health experiences and what they think about health. We're keen to find age-appropriate ways of reaching out to this age group who live in areas where there are more preventable or unjust health issues.

## How do I stand a chance of winning an Award?

Your plan must show us how you'll get 11-25 year olds sharing their experiences and thoughts with your group.

It must tell us how you are going to show us what you have been told. Remember this doesn't have to be written down. For example: you could use video or get people to draw out what they think. But you must get people's permission to do any of this.

Your plan must be realistic. For example: you'll only get £150 to make the plan work, so you'll have to show how you'd market what you'll do so that people will talk to you.

It must show us how you'll carry the plan out safely as we don't want anyone harmed through this. For example, you won't win if you tell us you plan to knock on people's doors and go into strangers' houses.

And we won't be impressed by ideas that are already 'out there'. We are looking for originality - so do your research!

**Need more information? Call us on 0300 012 0122 or email [office@healthwatchwestsussex.co.uk](mailto:office@healthwatchwestsussex.co.uk)**

## Next steps

Complete the application form in full.

If you're using an electronic version of the form you can make the boxes larger. If you're completing it by hand and need more space, either use extra sheets (make sure your names are on it) or make the boxes larger before printing the form.

Make sure all questions are answered, and get the application in to us by the closing date.

### **Closing date: 31st March 2015**

Your application can be emailed or posted.

[office@healthwatchwestsussex.co.uk](mailto:office@healthwatchwestsussex.co.uk)

Your application will be automatically acknowledged, so if you do not receive this, please call us on 0300 012 0122 (before the deadline)

Or send to: **Teen Talk Awards 2015, Healthwatch West Sussex, Billingshurst Centre, Roman Way, West Sussex. RH14 9QW.**

All applications will be looked at by a panel of judges which will include people under 25 as well as a team from Healthwatch West Sussex. This panel will use a score system to make sure we treat all applications fairly and that they are considered in the same way.

We'll let winners know they can start their plan by 30<sup>th</sup> April 2015. Winners will received a cheque for £150 shortly after this date.



# Teen Talk Awards 2015 Application Form

Your names or the name of your youth group	
The lead young person's name (i.e. who the payment cheques* should be made out to)	
* If you don't have a bank account please let us know how we can make the payment to you (which can't be in cash)	
Where to send payments (plus postcode please)	
Is this the address for the lead name	Yes / No
If not, please tell us how this is linked to you	
Telephone Number(s)	
Email (for the lead name)	
If anyone applying or working on the plan is under 18, please give the name and contact details of the over 18 sponsor (they will also need to sign the form). Remember the sponsor must be a teacher, youth group leader or community champion (such as a religious leader but must not be a direct relative)	

Now write your business plan which should include answers to the following questions:

- What you want to do? (How you'll find out what 11-25 year olds have experienced and what they think about health)
- Who you'll be talking to?
- How many 11-25 year olds you plan to talk to and how many will share their own stories/thoughts?
- How you'll show us what you've done and what 11-25 year olds have told you?
- When your plan will be completed, remember this needs to be before September's celebration party. If you'll not be able to finish the whole plan let us know how much of the plan you'll aim to get done.
- Give basic details of what money you'll need to spend to carry out the plan. For example you may need to spend money on printing, equipment or hiring space, etc.

OUR BUSINESS PLAN

OUR BUSINESS PLAN (continued)

What support, if any, would you need from the Healthwatch West Sussex team? (People needed for events, publicity, help with contacts or communications?)

**We agree to the follow as part of our application:**

- To use the Healthwatch logo on all material (paper, web or electronic) used to deliver the plan and the words ‘supported by Healthwatch West Sussex’.
- To share all that we have heard when carrying out the plan with the Healthwatch West Sussex team as soon as possible after the plan has been delivered, including pictures and any other media.
- To attend the **Teen Talk Celebration Party** taking place in September. Please note that this will be held in West Sussex and if this is not local to you, Healthwatch will fund reasonable travel costs to get you to where it is taking place.
- Winners will agree to Healthwatch having the right to use the ideas/activities and projects for both publicity, reporting and for future work.

A key part of what Healthwatch offers to the public is a promise that we’ll take all steps we can to make sure their identity is kept secret, unless they tell us in writing they are happy for us to say who they are. This makes people feel safer in sharing their experiences.

- To make sure anyone 11-25 years old understands how you’ll share what they tell you and agree to this. If the person is under 18 they’ll need to get a parent/guardian’s permission before you can video or record them.

Signed ..... Name .....

Signed ..... Name .....

Signed ..... Name .....

Signed ..... Name .....

I agree to sponsor this application and consider this plan will not put any of the applicants at risk.

Signed by Sponsor .....

Sponsor’s name .....

Email your completed application to: [office@healthwatchwestsussex.co.uk](mailto:office@healthwatchwestsussex.co.uk)

(you’ll get an automatic response to say we’ve received it, so make sure you see this and if not, call us on 0300 012 0122 before the deadline)

Or send to:

Teen Talk Awards 2015, Healthwatch West Sussex, Billingshurst Centre, Roman Way, West Sussex. RH14 9QW.

**CLOSING DATE FOR APPLICATIONS IS 31<sup>st</sup> MARCH 2015**

